

# Fairmount Sports Association Basketball

## Ages 7-9 League & Rules

All practice and games are held within the set time. Sessions must start on time and will not be extended due to a late start. Please stick to the schedule. Team coaches designate a parent to operate game clock. Parents may also be asked to help referee games.

**ALL CHILDREN PLAY AN EQUAL TIME IN EACH GAME. NO EXCEPTIONS. SO EACH CHILD MUST ALSO 'SIT OUT' FOR SOME PART OF THE GAME. NO EXCEPTIONS.**

Early session coaches set up baskets and late session coaches store them away. Teams will get equal opportunity to play on the Court "A" (the one with the official scoreboard). Only players and coaches are allowed on the sidelines.

### **BASIC RULES**

No fast breaks. Defense must be given time to set up before offense can bring the ball up court. Defenders must let offense bring the ball up and attempt to pass the ball into the offensive area. Offense is not allowed to attempt a "bomb" until after first passing the ball into the offensive zone. Once the ball is passed into the offensive zone, it may be passed out to an offensive player who can attempt a basket, but a defender can come out to guard the offensive player.

Players who commit an infraction (double dribble, traveling, etc.) will be told of their infraction and the player who commits the infraction will be given the ball in midcourt as play resumes. A second consecutive infraction and the ball will be given to another offensive player to resume action.

Fouls must be flagrant and interfering with the act of shooting. Refs can use judgment on whether to have a foul shot (this takes time, but it's fun to do once in a while). Preferably, the ref should tell the player what the foul was and resume play from midcourt. A player that continually fouls opponents will have to be removed from the game for a short amount of time.

Coaches and refs should use appropriate judgment in enforcing the rules. Many players have never been involved in organized basketball. **Keep it simple and positive.** A ref's decision is final. No arguments on a ref's decisions. Coaches are responsible for the attitude of your team's parents. This helps keep the atmosphere positive and fun and instructive.

There is a 15 minute practice and then we play 20 minute halves with 5 minute break.

Practice	1 <sup>st</sup> Half	Break	2 <sup>nd</sup> Half
9:15 – 9:30	9:30 – 9:50	9:50 – 9:55	9:55 – 10:15
10:15 – 10:30	10:30 – 10:50	10:50 – 10:55	10:50 – 11:15